

A scenic view of a beach with a heart drawn in the sand. The heart is made of small, light-colored stones or shells. The ocean is in the background, with waves gently washing onto the shore. In the distance, there are mountains under a cloudy sky. The text "The Heart of Summer" is written in a yellow, cursive font across the middle of the image.

*The Heart of Summer*

# Psalm 127:3–5

Behold, children are a heritage and gift from the Lord,  
The fruit of the womb a reward.

Like arrows in the hand of a warrior,  
So are the children of one's youth.

How blessed [happy and fortunate] is the man  
whose quiver is filled with them; They will not  
be ashamed

When they speak with their enemies [in  
gatherings] at the [city] gate.

A serene beach scene with a calm blue ocean and distant mountains under a cloudy sky. In the foreground, a heart is drawn in the sand using small, light-colored shells or pebbles. The text "The Heart of Summer" is written in a yellow cursive font across the middle of the image.

*The Heart of Summer*

**Something for my children**

# 1 Peter 5:6–7 (ESV)

1) Newborns are lovely but toddlers are terrorist

“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.”

# Philippians 4:6-7

2) Elementary School... Here we come

"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus." When you are tempted to be worried about your children, bring that very worry and concern to your Father. He knows what it is like to be a parent. Express your concerns to Him and then leave them at His alter. He will replace your worries with peace!

# Luke 12:25–26

3) Why is Middle School even a thing?

**“And which of you by being anxious can add a single hour to his span of life? If then you are not able to do as small a thing as that, why are you anxious about the rest?”**

# Proverbs 22:6

4) You thought Middle School was bad, welcome to High School!

Train up a child in the way he should go [teaching him to seek God's wisdom and will for his abilities and talents], Even when he is old he will not depart from it

# Matthew 5:34

5) To infinity and beyond

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



# Take Away

1. It is my first time here too.
2. It is okay to completely fall apart tonight but make sure you pray in the morning
3. Your mistakes will be huge and expensive but not the end of the world.
4. You can always come home.

A serene beach scene with a calm blue ocean and distant mountains under a cloudy sky. In the foreground, a heart is drawn in the sand using small, light-colored shells or pebbles. The text "The Heart of Summer" is written in a yellow, cursive font across the middle of the image, partially overlapping the water's edge.

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